



Modified Structured CDM Programme 2020

Due to the COVID-19 the HSE and your GP have had to change the usual way of working to protect us all. We understand you may feel anxious during this difficult time.

From 1st July 2020 until the 31st December, 2020, the following changes have been introduced to support you as people aged 70 years and over who are asked to remain as socially distanced as possible from people, for as long as possible.

What has changed in the New Chronic Disease Management Programme?

- Your GP will be in contact with you to talk with you and support you.
- Your GP will discuss your general health and well-being with you and focus on your specific chronic condition and health issues. If it is suitable, your GP will not ask you to present in the GP surgery. Your clinical assessment may be conducted on the telephone instead.
- Following this discussion you and your GP can decide if you need to visit the GP surgery to be seen in person by the GP. Blood tests and other tests will be carried out as usual by your GP.
- You will be issued with a written Care Plan after your phone or surgery based review.

